

Emergency Worker and General A.R.E.S. Training

Level I Amateur Radio License and Class

Skilled in discipline;

Physically and mentally able to perform assignment

Conform with all laws, and familiar with W.A.C. 118.04 and other emergency worker laws.

ARRL Emergency Communications Level I

Date: _____

National Incident Command System / Incident Command System Awareness

FEMA IS-700 (3 + hr)

Date: _____

Sponsor: _____

Location: _____

Introductory Incident Command System FEMA IS-100 (3+ hrs)

Date: _____

Sponsor: _____

Location: _____

Level II

Introduction to Traffic Handling (Net Control Procedures) (2 hr)

Date: _____

Sponsor: _____

Location: _____

Personal Preparedness and Safety Equipment (1 hr.)

Date: _____

Sponsor: _____

Location: _____

Includes 72 hr. Disaster Preparedness kit

Geography and Map Reading (1 hr)

Date: _____

Sponsor: _____

Location: _____

Reporting, Procedures, Accountability (1 hr.)

Date: _____

Sponsor: _____

Medical Services Team Advanced Training

Level III

Introduction to Hospital / Medical Environment

(2 hr.)

Date: _____

Sponsor: _____

Location: _____

HIPAA Regulations And Radio Operations (1 hr)

Date: _____

Sponsor: _____

Location: _____

Introduction to Medical Radio Systems and Communications (2 hr.)

Date: _____

Sponsor: _____

Location: _____

Orientation to Emergency Management Agencies/ Systems/Operations (2 hrs)

Date: _____

Sponsor: _____

Location: _____

Introduction to HICS (Hospital Incident Command System) (2 hrs)

Date: _____

Sponsor: _____

Location: _____

Introduction to Mass Casualty & Triage Terminology (2 hr.)

Date: _____

Sponsor: _____

Location: _____

BASIC Incident Command System FEMA IS-200

(3 hrs.)

Date: _____

Sponsor: _____

Location: _____

First Aid/ CPR

(Basic FA—new or refresher) (3-4 hrs)

Date: _____ Expires: _____

Sponsor: _____

Location: _____

Medical Services Team Advanced Training

Introduction to Personnel, Resource, Transport Acquisition in a Disaster Environment (2 hr.)

Date: _____

Sponsor: _____

Location: _____

Introduction to Damage Assessment - (ATC-20, Red Cross, USAR) (2 hr.)

Date: _____

Sponsor: _____

Location: _____

Infectious Disease Prevention (Blood Borne Pathogens) (1 hr.)

Date: _____

Sponsor: _____

Location: _____

Tactical Communications and Net Control Operations (2 hrs)

Date: _____

Sponsor: _____

Location: _____

Basic & Intermed. Helicopter Orientation (New or refresher) (2 hr.)

Date: _____

Sponsor: _____

Location: _____

Recommended additions:

Leadership: ARRL Advanced Emergency Communications (Level 2)

FEMA IS-800 Nat. Response Plan

FEMA Independent Study Program

<http://training.fema.gov/EMIWeb/IS/crslist.asp>

IS-7 Citizen's Guide to Disaster Assistance

IS-22 Are You Ready? Guide to Citizen Preparedness

IS-703 NIMS Resource Management

There are many other Independent Study Classes that would be of interest to all.

Exercise and Mission Activities - other courses

Activity: _____
 Mission #: _____
 Hours: _____ Miles: _____
 Date: _____
 Sponsor: _____
 Location: _____

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 Hours: _____ Miles: _____
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 Date: _____
 Sponsor: _____
 Location: _____

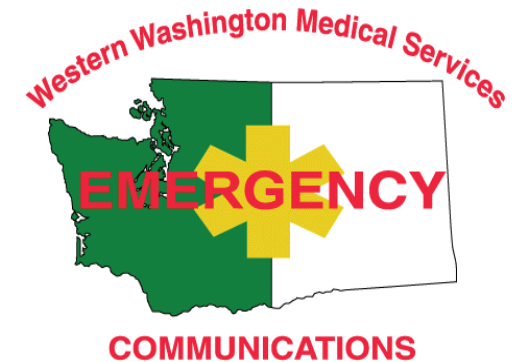
Activity: _____
 Mission #: _____
 Hours: _____ Miles: _____
 Date: _____
 Sponsor: _____
 Location: _____

A standardized Training Plan has been developed for emergency workers, including Amateur Radio Emergency Services volunteers. The Level I and Level II training recommendations center around safety issues and general practices common to all jurisdictions. Individual jurisdictions or team units may add specific training to the base-line standards.

Additional training enhances the ability of individuals to respond to all types of situations and may include advanced skills needed in the emergency worker's specific field. Advanced and Special Teams Training is necessary for individuals wishing to fulfill special assignment slots.

Standardized training levels will allow emergency managers or others requesting volunteers under mutual aid or mobilization plans to know what training and skills these individuals bring with them to an event.

Base-line standards will assure that emergency worker volunteers remain a solution to the problem, and don't become part of the problem. The content is intended to provide the emergency workers on assignment with the skills and tools necessary to protect and take care of themselves and their co-workers should an unexpected incident occur.



W. WA Medical Services Team Member Training & Activity Record

Property of:

 If found, please call:

Amateur Radio Emergency Service
 W.WA. Medical Services Communications
[Http://www.ww7mst.org](http://www.ww7mst.org)