



**Saturday, September 11, 2021,
9:00 a.m. - 1:00 p.m.**

Community First Aid and CPR / AED Training

[1755 NE 48th St. Renton, WA 98056](#)

You hope you never have to perform First Aid or CPR on your family or friends, especially your children, but when you do, you will want to know the correct methods – RIGHT NOW!

BestCPRSeattle provides professional First Aid and CPR training including the use of an AED (Automated External Defibrillator) in scenarios you are most likely to encounter in daily life. You will learn to confidently recognize and provide immediate emergency First Aid or CPR to friends, family, neighbors and co-workers. Training will be highly efficient, effective, and engaging during a fast-paced 4-hour class.

The life you save may be your own!

This will be a joint class with Medical Services Team and Seattle ACS members, hosted at BestCPR's "Bellevue/Renton" facility (see details at their web site linked above and below). 8 MST members took this course in 2020 and found it to be excellent.

Fee: \$50 per person for a 4-hour training including adult, child, and infant choking and accident prevention.

RSVP required!

Prepayment greatly appreciated. Payment accepted by cash, check, or credit card the day of training. PayPal to <https://paypal.me/PaulThomsen> or checks to address below.

To RSVP, prepay, or for more information, contact:

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1906 163rd Avenue, Bellevue, 98008**

Western Washington Medical Services Emergency Communications Team <http://ww7mst.org/>

Course description, including Covid protocols: <https://www.nwbestcpr.com/first-aid-cpr-class-seattle.html>